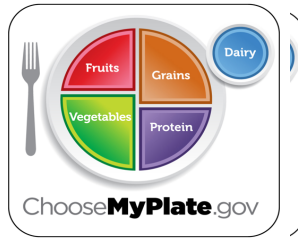


**SUBJECT TO CHANGE WITHOUT NOTICE!**

**USD 461  
Neodesha  
High School Lunch  
Menu**

Daily Meal Prices  
Elementary \$2.60  
MS/HS \$2.85  
Adult \$4.50




The National School Lunch Program guidelines require we offer each student 5 food components--

- ★ **Meat/Meat Alternate**
- ★ **Grains**
- ★ **Vegetables**
- ★ **Fruits**
- ★ **Milk**

Students are allowed to decline 2 of the 5 required food components, but **must** select at least 1/2 cup fruit or vegetable. *We encourage every student to take all the foods that are offered!*

# March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		March 1, 2023	March 2, 2023	March 3, 2023
<b>Milk Choice</b> 1% White Fat Free Chocolate When available- Fat Free Strawberry or Vanilla Shake		Taco Burger Potato Wedges Applesauce Milk	Chicken & Noodles Mashed Potatoes Wheat Roll Strawberries & Bananas Milk	Pizza Peas & Carrots Pineapple Milk
March 6, 2023	March 7, 2023	March 8, 2023	March 9, 2023	March 10, 2023
Steak Fingers Wheat Roll Green Beans Pears Milk	BBQ Meatballs Wheat Roll Potato Casserole Pineapple Milk	Lasagna Wheat Roll Broccoli & Cauliflower Strawberries & Bananas Milk	Hamburger Tri Tater Grapes Milk	<b>No School</b>
March 13, 2023	March 14, 2023	March 15, 2023	March 16, 2023	March 17, 2023
<b>SPRING BREAK!</b>				
March 20, 2023	March 21, 2023	March 22, 2023	March 23, 2023	March 24, 2023
Macaroni & Cheese Peas Wheat Roll Rosey Applesauce Milk	Taco Crunch/cheese & salsa Refried Beans Pineapple Milk	Biscuit & Gravy Hash brown Patty Fruit Cup Milk	Fiesta Chicken Pasta Green Beans Wheat Roll Peaches Milk	Pig in a Blanket/Hot Dog Tri Tater Pears Milk
March 27, 2023	March 28, 2023	March 29, 2023	March 30, 2023	March 31, 2023
<b>No School</b>	Chicken Nuggets Mashed Potatoes & Gravy Wheat Roll Pears Milk	Chili/Cheese over Corn Chips Corn Applesauce Milk	Tater Tot Casserole Glazed Carrots Wheat Roll Pineapple Milk	Chicken Quesadilla Peas & Carrots Grapes Milk