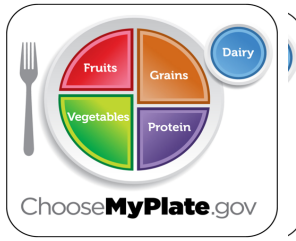


SUBJECT TO CHANGE WITHOUT NOTICE!

**USD 461
Neodesha
High School Lunch
Menu**

Daily Meal Prices
Elementary \$2.60
MS/HS \$2.85
Adult \$4.50




The National School Lunch Program guidelines require we offer each student 5 food components--

- ★ **Meat/Meat Alternate**
- ★ **Grains**
- ★ **Vegetables**
- ★ **Fruits**
- ★ **Milk**

Students are allowed to decline 2 of the 5 required food components, but **must** select at least 1/2 cup fruit or vegetable. *We encourage every student to take all the foods that are offered!*

March 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		March 1, 2023	March 2, 2023	March 3, 2023
<p>Milk Choice 1% White Fat Free Chocolate When available- Fat Free Strawberry or Vanilla Shake</p>		<p>Taco Burger or PB & J & cheese stick *Egg Rolls Potato Wedges Applesauce Brownie Fresh Fruits & Veggies Milk Choice</p>	<p>Chicken & Noodles or Cheese Sticks *Steak Fingers Mashed Potatoes Green Beans Wheat Roll Strawberries & Bananas Fresh Fruits & Veggies Milk Choice</p>	<p>Pizza or P B & J/cheese stick *Burrito Peas & Carrots Pineapple Cookie Fresh Fruits & Veggies Milk Choice</p>
March 6, 2023	March 7, 2023	March 8, 2023	March 9, 2023	March 10, 2023
<p>Steak Fingers or PB & J/cheese stick *Spicy Chicken Strips Mashed Potatoes & Gravy Wheat Roll Green Beans Pears Fresh Fruits & Veggies Milk Choice</p>	<p>BBQ Meatballs or Cheese Sticks *Vegetable Beef Soup Wheat Roll Potato Casserole Mixed Vegetables Pineapple Fresh Fruits & Veggies Milk Choice</p>	<p>Lasagna or PB and J/cheese stick *Egg Rolls Wheat Roll Broccoli & Cauliflower Strawberries & Bananas Fresh Fruits & Veggies Milk Choice</p>	<p>Hamburger or P B & J & cheese stick *Fish Sandwich Tri Tater Baked Beans Grapes Fresh Fruits & Veggies Milk Choice</p>	<p>No School</p>
March 13, 2023	March 14, 2023	March 15, 2023	March 16, 2023	March 17, 2023
<p>SPRING BREAK!</p>				
March 20, 2023	March 21, 2023	March 22, 2023	March 23, 2023	March 24, 2023
<p>Macaroni & Cheese or PB and J& cheese stick *Hot Dog Peas Wheat Roll Rosey Applesauce Fresh Fruits & Veggies Milk Choice</p>	<p>Taco Crunch/cheese & salsa or Cheese Sticks *Breaded Chicken Patty Refried Beans Cinnamon Puff Pineapple Fresh Fruits & Veggies Milk Choice</p>	<p>Biscuit & Gravy or Crackers Sausage Links or Cheese Sticks *Hashbrown Stacker Hash brown Patty Fruit Cup Fresh Fruits & Veggies Milk Choice</p>	<p>Fiesta Chicken Pasta or PB and J & cheese stick *KS Philly Green Beans Wheat Roll Peaches Fresh Fruits & Veggies Milk Choice</p>	<p>Pig in a Blanket/Hot Dog or PB & J &cheese stick *Grilled Chicken Patty Tri Tater Cole Slaw Pears Cookie Fresh Fruits & Veggies Milk Choice</p>
March 27, 2023	March 28, 2023	March 29, 2023	March 30, 2023	March 31, 2023
<p>No School</p>	<p>Chicken Nuggets or Cheese Sticks *Meatloaf Mashed Potatoes & Gravy Broccoli Wheat Roll Pears Fresh Fruits & Veggies Milk Choice</p>	<p>Chili/Cheese over Corn Chips or PB & J & cheese stick *Teriyaki Chicken Patty Corn Cinnamon Puff Applesauce Fresh Fruits & Veggies Milk</p>	<p>Tater Tot Casserole or Cheese Sticks *BBQ Rib Glazed Carrots Wheat Roll Pineapple Fresh Fruits & Veggies Milk Choice</p>	<p>Chicken Quesadilla or Cheese Stick/Crackers *Burrito*Chips & Black Bean Salsa Peas & Carrots Grapes Cookie Fresh Fruit & Veggie Bar Milk Choice</p>