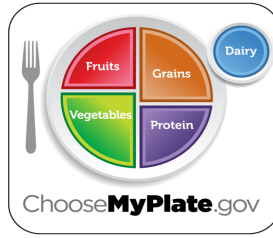


SUBJECT TO CHANGE WITHOUT NOTICE!

**USD 461
Neodesha
School Lunch Menu**

Daily Meal Prices
Elem. Student \$2.60
MS/HS Student \$2.85
Adult \$4.50



The National School Lunch Program guidelines require we offer each student 5 food components--

- ★ **Meat/Meat Alternate**
- ★ **Grains**
- ★ **Vegetables**
- ★ **Fruits**
- ★ **Milk**

Students are allowed to decline 2 of the 5 required food components, but **must** select at least 1/2 cup fruit or vegetable. *We encourage every student to take all the foods that are offered!*



January 2023



Monday	Tuesday	Wednesday	Thursday	Friday
January 2, 2023	January 3, 2023	January 4, 2023	January 5, 2023	January 6, 2023
No School	Chicken Spaghetti or PB& J & cheese stick *Grilled Beef Patty Wheat Roll Green Beans Applesauce Fresh Fruit & Veggie Bar Milk Choice	Chicken Wrap or Cheese stick/crackers *Grilled Beef Patty Refried Beans Pineapple Chunks Fresh Fruit & Veggie Bar Milk Choice	Tex-Mex Cavatini or Cheese Stick *Egg Rolls Wheat Roll Broccoli Tossed Fruit Cup Fresh Fruit & Veggie Bar Milk Choice	Corn Dog/Hot Dog *Mini Meatball Sub or P B & J & cheese stick Tri Tater Peas Pears Fresh Fruit & Veggies Milk Choice
January 9, 2023	January 10, 2023	January 11, 2023	January 12, 2023	January 13, 2023
Sloppy Joe Sandwich or PB & & cheese stick *Grilled Chick patty Corn Seasoned Potatoes Applesauce Fresh Fruit & Veggie Bar Milk Choice	Enchiladas or Cheese stick/crackers Refried beans Green beans Pineapple Fresh Fruit & Veggie Bar Milk Choice	BBQ Rib Sandwich or PB & J & cheese stick *Hot Dog Baked Beans Potato Wedges Pears Fresh Fruit & Veggie Bar Milk Choice	Burrito with Cheese Sauce or Cheese Stick/Crackers *Breaded Chicken Sandwich Corn Peaches Fresh Fruit & Veggie Bar Milk Choice	Breaded Beef Sandwich or PB & J & cheese stick *Crispito Tri Tater Peas Grapes Fresh Fruit & Veggie Bar Milk Choice
January 16, 2023	January 17, 2023	January 18, 2023	January 19, 2023	January 20, 2023
No School	Nachos & Ground Beef or Cheese Sticks *BBQ Chicken Drum Tortilla Chips Refried Beans Pears Fresh Fruits & Veggies Milk Choice	Taco Burger or PB & J & cheese stick *Egg Rolls Potato Wedges Applesauce Brownie Fresh Fruits & Veggies Milk Choice	Chicken & Noodles or Cheese Sticks *Steak Fingers Mashed Potatoes Green Beans Wheat Roll Strawberries & Bananas Fresh Fruits & Veggies Milk Choice	Pizza or PB & J/cheese stick *Burrito Peas & Carrots Pineapple Fresh Fruits & Veggies Milk Choice
January 23, 2023	January 24, 2023	January 25, 2023	January 26, 2023	January 27, 2023
Steak Fingers or PB & J/cheese stick *Spicy Chicken Strips Mashed Potatoes & Gravy Wheat Roll Green Beans Pears Fresh Fruits & Veggies Milk Choice	BBQ Meatballs or Cheese Sticks *Vegetable Beef Soup Wheat Roll Potato Casserole Mixed Vegetables Pineapple Fresh Fruits & Veggies Milk Choice	Lasagna or PB and J/cheese stick *Egg Rolls Wheat Roll Broccoli & Cauliflower Strawberries & Bananas Fresh Fruits & Veggies Milk Choice	Breaded Chicken Drum or Cheese Sticks *Chicken Sand Seasoned Rice Wheat Roll Corn Applesauce Fresh Fruits & Veggies Milk Choice	Hamburger or P B & J & cheese stick *Fish Sandwich Tri Tater Baked Beans Grapes Fresh Fruits & Veggies Milk Choice
January 30, 2023	January 31, 2023			
Macaroni & Cheese or PB and J& cheese stick *Hot Dog Peas Wheat Roll Rosey Applesauce Fresh Fruits & Veggies Milk Choice	Taco Crunch/cheese & salsa or Cheese Sticks *Breaded Chicken Patty Refried Beans Cinnamon Puff Pineapple Fresh Fruits & Veggies Milk Choice			